

Name	Actual Time	Pace per 100m	Predicted Time	"Improvement" above predicted improvement	Percentage "Improvement"
Mark Scanlon	0:40:31	0:01:21	0:40:42	0:00:11	0%
Ceinwen Williams	0:41:14	0:01:22	0:43:29	0:02:15	5%
Shelley Taylor-Smith	0:42:59	0:01:26	0:44:20	0:01:21	3%
Wayne Morris	0:43:15	0:01:27	0:46:50	0:03:35	8%
Justin Palmer	0:43:36	0:01:27	0:45:43	0:02:07	5%
James Forbes	0:43:38	0:01:27	0:43:29	0:00:09	0%
Andrew Hunt	0:45:06	0:01:30	0:50:11	0:05:05	10%
Glenn O'Connell	0:46:08	0:01:32	0:50:00	0:03:52	8%
Cassie	0:46:40	0:01:33	0:47:00	0:00:20	1%
Suzi	0:47:08	0:01:34	0:48:30	0:01:22	3%
Rachel Forbes (Crocker)	0:47:40	0:01:35	0:50:11	0:02:31	5%
Karlee Cannon	0:47:47	0:01:36	0:49:09	0:01:22	3%
Tracey Edwards	0:48:01	0:01:36	0:52:58	0:04:57	9%
Olivia DM	0:48:10	0:01:36	0:54:05	0:05:55	11%
Sandy Burt	0:48:23	0:01:37	0:53:30	0:05:07	10%
Justine Murphy	0:49:33	0:01:39	0:50:44	0:01:11	2%
Jeremy Buttsworth	0:49:58	0:01:40	0:52:24	0:02:26	5%
Rob Franklyn	0:50:34	0:01:41	0:54:38	0:04:04	7%
John Harris	0:50:40	0:01:41	0:51:51	0:01:11	2%
Michael S	0:50:50	0:01:42	0:51:00	0:00:10	0%
Matt McCarney	0:51:25	0:01:43	0:52:58	0:01:33	3%
Renee Baker	0:52:05	0:01:44	0:56:22	0:04:17	8%
Natalia Vollrath	0:52:06	0:01:44	0:54:38	0:02:32	5%
Hannah Mc Kerchar	0:52:23	0:01:45	0:56:52	0:04:29	8%
Trevor Magee	0:52:49	0:01:46	0:52:58	0:00:09	0%
Kirsti Hansen	0:52:54	0:01:46	0:57:15	0:04:21	8%
Mark P	0:53:43	0:01:47	0:53:31	0:00:12	0%
Ian Klaasens	0:53:49	0:01:48	0:57:59	0:04:10	7%
Bill Murray	0:54:05	0:01:48	0:54:38	0:00:33	1%
Lizzy	0:54:08	0:01:48	0:58:00	0:03:52	7%
Stuart Gicquel	0:54:35	0:01:49	0:56:52	0:02:17	4%
Adam Wheeler	0:55:17	0:01:51	0:54:05	0:01:12	2%
Mike Bowles	0:55:25	0:01:51	0:55:12	0:00:13	0%
Ernie Robinson	0:56:05	0:01:52	0:59:39	0:03:34	6%
Glen Blackwell	0:56:20	0:01:53	0:53:51	0:02:29	5%
Kim Colero	0:57:04	0:01:54	0:56:00	0:01:04	2%
Annette Van Hazel	0:57:55	0:01:56	1:03:00	0:05:05	8%
Andrew Holmes	0:58:03	0:01:56	1:00:13	0:02:10	4%
Guy Van Hazel	0:58:17	0:01:57	1:04:07	0:05:50	9%
Tim Humphry	0:58:50	0:01:58	1:05:14	0:06:24	10%
Nathan Thompson	0:59:22	0:01:59	1:04:40	0:05:18	8%
Matt Biddle	0:59:37	0:01:59	1:05:14	0:05:37	9%
Dan Timbers	0:59:43	0:01:59	1:03:00	0:03:17	5%
Caroline Claydon	0:59:45	0:02:00	1:04:00	0:04:15	7%
Robyn Ahern	1:03:25	0:02:07	1:04:40	0:01:15	2%
Jill Benbow	1:03:32	0:02:07	1:04:40	0:01:08	2%
Bonnie Tollafield	1:03:36	0:02:07	1:04:40	0:01:04	2%
Bill Carmody	1:05:36	0:02:11	1:04:40	0:00:56	1%
Neil Welsh	1:08:26	0:02:17	1:10:00	0:01:34	2%
Louise Jones	1:11:14	0:02:22	1:05:47	0:05:27	8%
Helen Buckle		2000m completed at ~2:04 per 100m pace			N/A
Bevan		2000m completed at ~2:12 per 100m pace			N/A
Fiona		2500m completed at ~1:53 per 100m pace			N/A
Ben		2000m completed at ~2:12 per 100m pace			N/A